

Practical info:

Organisation: Temple of the Earth



Contribution: € 2345,- (or in parts: 4 x € 625,-)

Early Bird: before 31/12/2021: € 2222,-

Dates: see further

Included:

- * training and tuition, and expenses other facilitators
- * accommodation in comfortable yurts in the Temple of the Earth, Aljezur, Portugal, sanitary use, salt water pool, lake, beautiful nature
- * all material
- * food all inclusive

Excluded:

- * transport expenses
- * sheets & towel packet (€ 15,-/p/module)
- * extra day before or after the training days (€ 35,-/p/night)
- * personal insurance
- * use of sauna
- * optional: online/personal coachings: 3 coachings/3 hours = €100,-

Info and bookings:

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Place:

Temple of the Earth, Aljezur, Portugal

Shamanic Path 2022
Keepers of the 4 Elements
Discovering the Medicine Men & Women
in yourself

a profound journey to the Core of your Heart & Soul



Facilitators: Yves & Veerle Phara

Medicine men/woman

Coaches, Healers

Sweatlodge, Fire & Earth keepers

& support team

www.templeoftheearth.org

Shamanic Path

Is a profound path on your journey of Heart & Soul, remembering the medicine man/woman that lives within you, connecting with your inner wisdom. Engaging yourself to live authentical and aligned with your true mission on earth.

Is a rich journey embedded in traditions and cultures worldwide, with rituals, ceremonies and initiations on earth, water, fire and air/wind. We transmit ancient and modern indigenous and shamanic techniques, invite you to discover and connect with the language and wisdom of the elements, and with your source of inner primal power.

Is a powerful medicine wheel, to rebalance yourself and your surrounding between earth, water, fire and air. To remember the deeper layers of yourself, to let go of all that doesn't serve you anymore, to heal old wounds and open your heart.

This path is open for everyone

2022 is a powerful 6 year. The number 6 refers to the connection of opposites. Light and Dark, Male and Female, Fire and Water, Above and Below, Sky and Earth. Connecting the Four Elements and Yourself in the Center, and the Universe outside you. Connecting the secrets of Life. A year to engage and challenge you to listen even more to your heart and what truly, genuine is yours, what ego is and what resonates with your soul and heart. 6 is also a symbol of Venus, the planet/Goddess related to love, fertility, intuition, true feminine identity, power and harmony.

To rebalance yourself, you have to embrace your shadows, release the veils and masks you wear, give free the limiting convictions and stories that are no longer yours. And stand up for your truth, your authentic life story, behind the fear; with courage and faith, remembering our inner wisdom. Finding the right path by choosing consciously for yourself in connection with the opening of the collective towards the New Earth.

Parts & Tools of this journey:

- animism and shamanism worldwide, connecting with the elements, the worlds, ancestors, spirits, guides and power animals
- principles of shamanic healing: our deepest wounds are our greatest power and challenge
- connecting and working with medicine wheels
- shadow work & shape shifting
- journeys to the other worlds to empower yourself and obtain knowledge and wisdom for yourself and your relations
- rituals, ceremonies and initiations on Earth, Water, Fire and Air/Wind, based on wisdom of (indigenous) cultures worldwide
- indigenous alchemy: learn to observe and feel through the perspective of a snake, jaguar, hummingbird and eagle/condor
- the power of sacred spaces, objects and altars
- ceremonies with sacred Huachuma (San Pedro Cactus)
- rites of passages, learn to face and meet death, and rebirth
- lots of practical exercises, yoga, dance, movement & songs
- mini vision quests
- personal coaching & healing

Specific for the sweatlodge: we transmit and teach the basic principles to keep a sweatlodge as water keeper. We use sweatlodges as an important shamanic tool on this journey, to release masks and ego, to connect with the underworld, to embrace your shadows, be centred and stand strong in your grounding, in this intense world we are living in.

We observe the difference between traditional sweatlodges as the inipi of North America, and temazcales/ritual purification lodges from Central and South America, and how we can create sweatlodges for certain groups. We share songs and wisdom on herbs, smudging and incenses.

Welcome. Heart Embrace! Aho!

22/02/22 – 02/03/2022 (New Moon)

Keeper of the Earth

- Opening ceremony & intentions
- Animism and shamanism worldwide, connecting and travelling with the elements and the three worlds, exploring the underworld
- Discovering the medicine wheel
- Power animals and ancestors
- Keeper of the Earth, rituals, ceremonies and initiations
- Power objects
- Sweatlodge, Womb of Mother Earth & the whole process before, during and after the sweatlodge: preparation, types of stones, stone ritual, opening rituals, experiencing a sweatlodge, songs, sharing circle

Keeper of the Water

- Water rituals and ceremonies
- Initiation on the genuine westcoast of the Atlantic Ocean
- Temazcales & Hampi Wasi: origin, use, songs, herbs and aguas, experience the energy of temazcales
- Info on medicine plants & medicine ceremony (Huachuma) with the intention to travel to other worlds and to open your Heart
- Fear & Anger shamanic mirror ritual
- Indigenous Alquimia – mini Quest

Weekend 27/04 – 01/05/2022

Keeper of the Fire: Fire Rituals & Ceremonies

- Empowering by fire
- Fire rituals and ceremonies worldwide
- Keeping the Fire of a sweatlodge
- Smudging: techniques, herbs, use
- Long healing sweatlodge (Mongolian tradition)

Week 19-26/09/2022

Keeper of the Air & the Wind

- Ritual, ceremony and initiation with the spirit of the air: liberation of all that doesn't serve you anymore, wherever the wind takes you
- Shape shifting & animals/birds
- Shamanic Healing, Healing techniques and soul retrieval
- Journey to the upperworld , meeting your energetic family and guides

Rites of Passages, Death & Rebirth

- Huachuma Medicine ceremony
- Mini-quest: Dead as a Rite of Passage, to overwin the fear for death, rebirth
- Temazcal
- Initiation of power object
- Your soul gift for the community
- Closing ceremony

Proces in between: Creating power object; Individual rituals on earth, water, fire, air; Sharing & buddy circles.



@v.u. Veerle Phara & Yves – Temple of the Earth– nothing may be used of this flyer before giving permission