

## Practical info:

**Organisation:** Temple of the Earth

**Contribution: € 777,-**

Before 31/12 Early Bird: € 727,-

Reduction for native Portuguese

### Included:

- \* training and tuition, expenses other facilitators
- \* 5 nights accommodation in comfortable yurts with compartments, in Aljezur, Portugal (Temple of the Earth), sanitary use & facilities
- \* all inclusive

### Excluded:

- \* flights + transport to Aljezur
- \* extra days before or after the retreat (€ 35,-/p/night)
- \* individual lodging or 2 persons lodging (ask prices/limited availability)
- \* personal insurance
- \* use of sauna

### Info and booking:

[info@templeoftheearth.org](mailto:info@templeoftheearth.org)

### Place retreat

Portugal: Temple of the Earth, Aljezur

[www.templeoftheearth.org](http://www.templeoftheearth.org)



## Shamanic 2.2.2022 Retreat

Shamanic Celebration of Spring, Yemaya, Imbolc, Brigid  
a magic retreat to the core of your heart and soul  
the Medicine Path of the 7 Keys  
includes Cacao & tribal ritual Yemaya/Imbolc dance,  
Temazcal, Huachuma ceremony and many more



*There is only one medicine for yourself, which is yourself*

Facilitators: Veerle Phara & Yves

Medicine Man & Woman,

Fire, Earth & Sweatlodge Keepers, coaches & healers

With support of our Team

[www.templeoftheearth.org](http://www.templeoftheearth.org)

## Shamanic 2.2.2022 retreat

**Ready to take a deep dive into shamanic medicine?** Tapping into the resources of the elemental powers, nature and the energetic worlds, learning how to work with 7 Keys that will support you on embodying who you are on a heart and soul level.

Remembering that our Earth was originally intended to be a fun creative place where souls incarnate in physical forms to create, love, play, live in joy, compassion, one with nature, the elements and all beings. Many indigenous cultures have since ancient times lived with that wisdom. Slowly, many rituals and initiations are being remembered to spread into the world so our cells, DNA and brains are waking up again to reclaim what we once lost.

Shamanism has been used since ancient times for healing and problem solving, to restore the balance of the individual and collective field. By following this Shamanic Path you can step out of the grey zone of your life, regain thrust and confidence in yourself and in heal your creative power and life force energy on many levels.

**This retreat is open for everyone who has basic knowledge of shamanism and is a special celebration for 2.2.2022:**

- celebrating spring & the returning of the light after winter
- Yemaya - Orisha/goddess of the ocean and salt waters, celebrated in Salvador de Bahía Brasil each year on February 2
- Imbolc/Brigid, the Celtic God/Goddess of Spring

**Parts of this journey/** What does this retreat offer you:

- Cacao Tribal Ritual Yemaya/Imbolc/Brigid dance
- Temazcal medicine
- Heart opening plant medicine (Huachuma) ceremony
- Embodiment: the importance of grounding in shamanic work, moving and grounding your emotions
- Shape Shifting: tuning into different aspects & roles that live within you and expressing them
- The Eye of the Eagle: learn how to look to situations in your life from other perspectives
- Learning to work with your intuition
- Elemental powers & discovering Space in the elements
- Reclaiming your (feminine & masculine) power
- Shadow work
- Spending time in Nature & Medicine walk
- Indigenous Alchemy
- Rituals, initiations, ceremony & practical healing exercises
- Shamanic Yoga & Dance

Retreat from 01/02 lunch until 05/02 evening

Welcome on this medicine journey, a true gift for yourself.

Heart Embrace! Aho!