

Practical info:

Organisation: Temple of the Earth

Contribution: € 1249,-

5-11 February 2022 (advanced week)

Early bird €1199,- before 31.12

Included:

- * training and tuition, expenses other facilitators
- * accomodation in comfortable yurts with compartments, in Aljezur, Portugal (Temple of the Earth), sanitary use & facilities
- * all inclusive (accomodation in yurts)

Excluded:

- * flights + transport to Aljezur
- extra days before or after the training days (€ 35,-/p/night)
- * individual lodging or 2 persons lodging (ask prices)
- *personal insurance
- *use of sauna

Info and booking:

info@templeoftheearth.org (Veerle Phara)

Place retreat

Portugal: Temple of the Earth, Aljezur

www.templeoftheearth.org

Shamanic Medicine advanced retreat Discovering the Medicine Man & Woman in yourself – the 7 Keys

a magic retreat to the Core of your Heart & Soul



There is only one medicine for yourself, which is yourself

Facilitators: Veerle Phara & Yves

Keepers of the earth, the water, the fire, the air, the wind, medicine man & woman. We are here with the mission to resolve negativity on earth, to transform the dark into light and to co-create a new world

www.templeoftheearth.org

Shamanic Medicine advanced retreat

Ready to take a deep dive into shamanic medicine? Tapping into the resources of the elemental powers, nature and the energetic worlds, learning how to work with 7 Keys that will support you on embodying who you are on a heart and soul level.

Remembering that our Earth was originally intended to be a fun creative place where souls incarnate in physical forms to create, love, play, live in joy, compassion, one with nature, the elements and all beings. Many indigenous cultures have since ancient times lived with that wisdom. Slowly, many rituals and initiations are being remembered to spread into the world so our cells, DNA and brains are waking up again to reclaim what we once lost.

Shamanism has been used since ancient times for healing and problem solving, to restore the balance of the individual and collective field. By following this Shamanic Path you can step out of the grey zone of your life, regain thrust and confidence in yourself and in heal your creative power and life force energy on many levels.

You receive insight in your soul's source, which will help you understand your mission here on Earth.

This path is open for everyone who has basic knowledge of shamanism.

Parts of this journey/ What does this retreat offer you:

- Embodiment: the importance of grounding in shamanic work, moving and grounding your emotions
- Shape Shifting: tuning into different aspects & roles that live within you and expressing them
- The Eye of the Eagle: learn how to look to situations in your life from other perspectives
- Learning to work with your intuition
- See & acknowledge when there is a crossing of energy waves on your path and how to embrace those moments of synchronization
- Elemental powers & discovering Space in the elements
- Embracing Death as a partner in life, learning how life & death are connected
- Learning how to use your drum, rattle, voice and breath to heal yourself & others
- Reclaiming your (feminine & masculine) power
- Shadow work
- Temazcal medicine
- Heart opening plant medicine (Huachuma) ceremony
- Spending time in Nature & Medicine walk
- Indigenous Alchemy
- Rituals, initiations, ceremony & practical healing exercises
- Shamanic Yoga & Dance

Retreat from 05/02 afternoon till 11/02 lunch

Welcome on this medicine journey, a true gift for yourself.

Heart Embrace! Aho!