

ctd. Veerle Phara



I followed a bachelor in intercultural communication and management, where I coordinated for years the module Latin America and I still give trainings there in religion and syncretism in Latin America and the visions of shamans worldwide on illness and healing. Throughout the years I specialized in these themes.

Through diverse trainings but especially through intense experiences (f.e with the Mapuches in Chile), I grew to shamanistic and therapeutic coach. I also followed diverse teacher trainings in yoga. Through initiations, ceremonies & rituals, I walk the path of Pampamesayoq towards a Paqa, a medicine women.

I am fascinated by coaching groups and people, it passionates me, especially in contextual coaching, open people's mind and consciousness, to create a dynamic that links people and make them communicate, who different they are through their culture, origine, education, mindset...

As a guide tourist I guide groups in Latin America, this magical wonderful continent, and for years I have been giving courses to guides and tourist guides on culture and communication, groupdynamics, animism, shamanism, sustainable turism...

Guiding a group through Peru in oktober-november 2014 we stayed with a local family in Amantani, the female island in the Sacred Lake of the Inca, lake Titicaca... During an individual coca-reading our Paqa Pedro told me... 'Dios te ha dado el don para guiar grupos', 'God gave you the talent to guide groupes...

I give healings, organize and coach ceremonies and keep on walking and immerging myself in the energetic path. I have a master degree in Reiki, followed diverse workshops on lightwork and healing and was initiated in the beautiful and profound Munay Ki and Ñusta Karpay. My primordial source of healing is Pachamama, Mother Earth, and female wisdom and energy of indigenous cultures in Latin America. Through the Obod traject I am also deepening in rituals and the path of the Druids, sinking and exploring more my Celtic and Germanic Roots...

Goddess cultures from over the whole world, fascinate me. Lately I was on my Goddess Path in Malta and Gozo. Gozo is the female island that carries the memories of a rich neolithic culture. I spend hours and hours sitting there, listening, meditating, observing the energy of Ggantija, Santa Verna and the Xaghra Stone Circle. I could feel through the connection with the Earth, how I came home. The megalithical stones still recall an enormous rich past where the Great Mother was honoured in a harmonic and loving society between men and women, in a harmonious connection with the earth and all elements. The Goddess send me a clear message: bring back our memory... All the work that I have been doing with women and my own Goddess life path, in connection with a deep longing to realise something bigger in the world for and by women, leads me to the creation and soul-giving of the Belgian Ostara womenfestival and already the seed for Feria Femenina is planted in the earth. It s the beginning of healingwork of female energy on a more universal level. Grateful and strenght with this message from the Great Mother, Bring back our Memory.. I accept and can go on walking in thrust...

Yoga, dance, movement and meditation are wonderful passions that help me ground and be within myself, come home into my inner soul! Yoga and dance has been part of my life since 33 years . and I prefer an intuitive, contextual and creative way in guiding and coaching people, in giving classes to adults and in workshops on dance and movement. Dance & Play is a proper creation where we make a journey through the 7 energetic centra of chakras and grow slowly through dance, movement, breathing... to Joyful, Creative Inner Beings... SenseFlow is my own yoga proces, with a focus on the awakening of the female warrior energy! Lately I focus a lot on Earthing yoga, to center and ground and come even deeper home into your body and consciousness.

Astrological I am a dubble Lion, there is a lot of fire energy in my whole being. I love fire and it is an important part of my daily life, as a fire women and keeper of the fire. I honour the female power of Grandmother fire. I keep the Fire in different festivals, as a Sacred Fire, and guide Fire ceremonies, Fire Walks and Sweatlodges, where I feel mostly at home, deep in the womb of Mother Earth,

I did a Vision Quest in april 2017, where I stayed 4 days and 4 nights alone in the mountains in Spain. Intense and wonderful experience, where I received a Vision on my mission on Earth, being a Keeper of the Temple of the Earth. My aim now is to create a Temple of the Earth, to support Women and Men to ground in Mother Earth and in themselves.

To meet Yves in a ceremony with sweatlodge, was connecting with a soul partner, to the fire and to my soul... Organizing and leading together sweatlodges, sweatlodge ceremonies and rituals, is each time a challenge to coach others in a magical proces between male and female energy, between fire and stones, the sun and the moon, between pachamama, the spirits and the elements of nature, the four wind directions, guides and ancestors. Each time different, healing, transforming, creative, joining hearts, cultures, souls...

Yves a builder in the literal and figurative sense of the word and each day again I can see how his intuition and power leads him to stand in life and create. Thankful to him we can use our yurt – named as a ‘ Queen Yurt’ by our friend the Mongolian shamanca Bulgan (10,5 diameter!) – as a space to create, play., love, coach people in yoga, movement, workshops, circles and make space for ceremonies and rituals ...

My driving words in workshops and coaching are **Embody, Empower & Express...** embody and embrace what lives in you, give it the power or the softness that it needs, and express it through any form of creation ( sound, image, movement, drama, play). Step out of the gray zone of middleness and fear and your live! My lifemottos: 'live life as a fascinating, playful and far-reaching journey' .... and... Discover and Awaken the Goddess in each one of You!!!!

